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REPORT AND SUPPORT ORGANISATIONS

There are many charities and organisations that offer help for anyone who has been subjected to sexual violence.

Rape and Sexual Assault

1800RESPECT offers support and guidance to those experiencing, or who have experienced, sexual, domestic or family violence.

Intersex Human Rights Australia is a national body by and for people with intersex variations.

Full Stop Australia offers support to people affected by sexual, domestic or family violence.

Safe to Talk is a confidential phone line for survivors of sexual harm providing information about support and reporting options.

The Sexual Assault Crisis Line is a confidential, telephone crisis counselling service for people who have experienced sexual assault.

Shama is a national response service for ethnic communities in New Zealand for survivors who have experienced sexual harm.

Te Whare Tāwharau is a sexual violence support and prevention centre based at Te Whare Wānaga o Ōtāgo (University of Otago).

TOAH-NNEST is the national collective of rape crisis and related groups in Aotearoa New Zealand. The website contains a range of resources and links for survivors and their families.

Technology-Facilitated Sexual Violence

Esafety Commission is an independent non-profit online safety organisation providing advice and support on reporting and preventing harmful digital behaviours, including technology-facilitated sexual violence and image-based sexual abuse.

Netsafe is an independent non-profit online safety organisation providing advice and support on reporting and preventing harmful digital behaviours, including technology-facilitated sexual violence and image-based sexual abuse.

Male Survivors

Male Survivors Aotearoa is a network of peer support services for male survivors of sexual violence in Aotearoa New Zealand.

MensLine Australia is a telephone and online counselling service that offers support for men in Australia.

Domestic and Family Violence Support

1800RESPECT is a counselling, information and referral service for all Australians. It offers support and guidance to those experiencing, or who have experienced, sexual, domestic or family violence.

Muslim Women Australia offers support to Muslim women in a range of areas, such as accessing Legal Aid and domestic violence support. It also advocates anti-discrimination and raises awareness around Australia.

Shakti is a branch in Aotearoa New Zealand promoting women's human rights and raising awareness of domestic and family violence for families from Asian, African and Middle Eastern origin.

Te Kupenga Whakaoti Mahi Patunga is the national body representing domestic and family violence services across Aotearoa New Zealand. It is a bicultural organisation honouring the principles of Te Tiriti o Waitangi.

Women's Refuge is a nationwide organisation in New Zealand that offers support and help for all women and children experiencing family violence.

LGBTQI+ Survivors

Gender Minorities Aotearoa is nationwide organisation in Aotearoa New Zealand that is run by and for transgender people, including non-binary, intersex, and irawhiti takatāpui people. They offer information, advocacy, and support for transgender people of all ages, ethnicities, and backgrounds.

QLife is a nationwide telephone and webchat peer support and referral service for LGBTI+ people. They provide anonymous and free support for people wanting to talk about sexuality, identity, gender, bodies, feelings and relationships.

Rainbow Youth, New Zealand is a charitable organisation that offers support for LGBTI+ youth, their friends, whānau and wider communities.

Blaq is an Aboriginal and Torres Strait Islander Corporation supporting the Aboriginal and Torres Strait Islander LGBTQI+ community.

Say it Out Loud is a national online resource for LGBTQI+ communities. It provides information on fostering healthy relationships and provides a list of support services for each state in Australia.

ACON is a New South Wales-based health promotion organisation for the LGBTQI+ community, including relationship violence.

Intersex Human Rights Australia is a national support service for intersex people and their allies, promoting human rights, health and bodily autonomy.

Other Support Services for Survivors

Aotearoa New Zealand Sex Workers' Collective is run by and for sex workers advocating for rights, health, safety and the wellbeing of sex workers – including highlighting the sexual violence sex workers are subjected to. The collective also provides information.

First Peoples Disability Network Australia is an Aboriginal-governed organisation run by First People with lived experiences of disability.

The Scarlet Alliance works to advance sex workers' human rights, health and wellbeing, promote respect and end discrimination.

Women with Disability Australia (WWDA) is a peak-body advocacy group aiming to improve the rights, safety and wellbeing – including sexual violence – for women, girls, feminine-identifying and non-binary folk with disabilities.

Mental Health Support

Beyond Blue is nationwide support services for mental wellbeing in Australia, including suicide prevention.

Lifekeepers is suicide prevention training programme in Aotearoa New Zealand.

Lifeline is nationwide support service for mental health and wellbeing in Aotearoa New Zealand, including suicide prevention.